

## National Prevention Strategy Indicators

### Goal Indicators

1. Rate of infant mortality per 1,000 live births
2. Proportion of Americans who live to age 25
3. Proportion of Americans who live to age 65
4. Proportion of Americans who live to age 85
5. Proportion of 0 to 24 year old Americans in good or better health
6. Proportion of 25-64 year old Americans in good or better health
7. Proportion of 65 to 84 year old Americans in good or better health
8. Proportion of 85+ year old Americans in good or better health

National Vital Statistics System, Centers for Disease Control and Prevention, National Center for Health Statistics

National Health Interview Survey, Centers for Disease Control and Prevention, National Center for Health Statistics

### Leading Causes of Death

1. Rate of cancer deaths
2. Rate of coronary heart disease deaths
3. Rate of stroke deaths
4. Rate of chronic lower respiratory disease deaths
5. Rate of unintentional injury deaths

National Vital Statistics System – Mortality, Centers for Disease Control and Prevention, National Center for Health Statistics

### Health and Safe Community Environments

1. Number of days the Air Quality Index (AQI) exceeds 100
2. Amount of toxic pollutants released into the environment
3. Proportion of state public health agencies that can convene, within 60 minutes of notification, a team of trained staff who can make decisions about appropriate response and interaction with partners
4. Proportion of children aged 5 to 17 years with asthma who missed school days in the past 12 months

Air Quality System (formerly the Aerometric Information Retrieval System), U.S. Environmental Protection Agency

U.S. National Toxics Release Inventory, Environmental Protection Agency

Centers for Disease Control and Prevention, Division of State and Local Readiness

National Health Interview Survey, Centers for Disease Control and Prevention, National Center for Health Statistics

### Clinical and Community Preventive Services

1. Proportion of medical practices that use electronic health record
2. Proportion of adults aged 18 years and older with hypertension whose blood pressure is under control
3. Proportion of adults aged 20 years and older with high low-density lipoprotein (LDL) cholesterol whose LDL is at or below recommended levels

National Ambulatory Medical Care Survey, Centers for Disease Control and Prevention, National Center for Health Statistics

National Health and Nutrition Examination Survey, Centers for Disease Control and Prevention, National Center for Health Statistics

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### Clinical and Community Preventive Services Continued

4. Proportion of adults aged 50 to 75 years who receive colorectal cancer screening based on the most recent guidelines
  5. Proportion of children and adults who are vaccinated annually against seasonal influenza
- National Health Interview Survey, Centers for Disease Control and Prevention, National Center for Health Statistics
- National Immunization Survey, Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases, National Center for Health Statistics  
National Health Interview Survey, Centers for Disease Control and Prevention, National Center for Health Statistics  
National Immunization Survey - Teen  
National Health Interview Survey, Centers for Disease Control and Prevention, National Center for Health Statistics

### Empowered People

1. Proportion of persons who report their health care providers always explained things so they could understand them
  2. Proportion of adults reporting that they receive the social and emotional support they need
- Medical Expenditure Panel Survey, Agency for Healthcare Research and Quality
- Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention

### Elimination of Health Disparities

1. Proportion of individuals who are unable to obtain or delay in obtaining necessary medical care, dental care, or prescription medicines
  2. Proportion of persons who report their health care provider always listens carefully
- Medical Expenditure Panel Survey, Agency for Healthcare Research and Quality

### Elimination of Health Disparities Continued

3. Proportion of adults (from racial/ethnic minority groups) in fair or poor health
- National Health Interview Survey, Centers for Disease Control and Prevention, National Center for Health Statistics

### Tobacco Free Living

1. Proportion of adults who are current smokers (have smoked at least 100 cigarettes during their lifetime and report smoking every day or some days)
  2. Proportion of adolescents who smoked cigarettes in the past 30 days
  3. Proportion of youth aged 3 to 11 years exposed to secondhand smoke
- National Health Interview Survey, Centers for Disease Control and Prevention, National Center for Health Statistics
- Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion
- National Health and Nutrition Examination Survey, Centers for Disease Control and Prevention, National Center for Health Statistics

### Preventing Drug Abuse and Excessive Alcohol Use

1. Proportion of high school seniors who reported binge drinking during the past two weeks
  2. Proportion of persons aged 12 years or older who reported nonmedical use of any psychotherapeutic drug in the past year
  3. Proportion of youth aged 12 to 17 years who have used illicit drugs in the past 30 days
- Monitoring the Future Survey, National Institutes of Health
- National Survey on Drug Use and Health, Substance Abuse and Mental Health Services Administration

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### Healthy Eating

1. Proportion of adults and children and adolescents who are obese  
National Health and Nutrition Examination Survey, Centers for Disease Control and Prevention, National Center for Health Statistics
2. Average daily sodium consumption in the population  
National Health and Nutrition Examination Survey, Centers for Disease Control and Prevention, National Center for Health Statistics; U.S. Department of Agriculture, Agricultural Research Service
3. Average number of infections caused by salmonella species transmitted commonly through food  
The Foodborne Disease Active Surveillance Network, Centers for Disease Control and Prevention
4. Proportion of infants who are breastfed exclusively through 6 months  
National Immunization Survey, Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases, National Center for Health Statistics

### Active Living

1. Proportion of adults who meet physical activity guidelines for aerobic physical activity  
National Health Interview Survey, Centers for Disease Control and Prevention, National Center for Health Statistics
2. Proportion of adolescents who meet physical activity guidelines for aerobic physical activity  
Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion
3. Proportion of the nation's public and private schools that provide access to their physical activity spaces and facilities for all persons outside of normal school hours  
School Health Policies and Programs Study, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion
4. Proportion of commuters who use active transportation (i.e. walk, bicycle, and public transit) to travel to work  
U.S. Census Bureau's American Community Survey

### Injury and Violence Free Living





1. Rate of fatalities due to alcohol impaired driving  
Fatality Analysis Reporting System, U.S. Department of Transportation
2. Rate of fall related deaths among adults aged 65 years and older  
National Vital Statistics System-Mortality, Centers for Disease Control and Prevention, National Center for Health Statistics
3. Rate of homicides
4. Rate of motor vehicle crash-related deaths

### Reproductive and Sexual Health

1. Proportion of children born with low birth weight (LBW) and very low birth weight (VLBW)  
National Vital Statistics System, Centers for Disease Control and Prevention, National Center for Health Statistics
2. Proportion of pregnant females who received early and adequate prenatal care
3. Pregnancy rates among adolescent females aged 15 to 19 years  
Abortion Provider Survey, Guttmacher Institute; Abortion Surveillance Data, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion; National Vital Statistics System-Nativity Centers for Disease Control and Prevention, National Center for Health Statistics; National Survey of Family Growth, Centers for Disease Control and Prevention, National Center for Health Statistics
4. Proportion of sexually active persons aged 15 to 44 years who received reproductive health services  
National Survey of Family Growth, Centers for Disease Control and Prevention, National Center for Health Statistics
5. Proportion of people living with HIV who know their serostatus  
HIV Surveillance System, Centers for Disease Control and Prevention, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
6. Proportion of sexually active females aged 16 to 20 years and 21 to 24 years enrolled in Medicaid and commercial health insurance plans who were screened for genital Chlamydia infections during the measurement year  
Healthcare Effectiveness Data and Information Set, National Committee for Quality Assurance

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### Mental and Emotional Well-Being

1. Proportion of primary care physician office visits that screen adults and youth for depression 
  2. Proportion of children exposed to violence within the past year, either directly or indirectly (e.g., as a witness to a violent act; a threat against their home or school) 
  3. Rate of suicide attempts by adolescents 
  4. Proportion of persons who experience major depressive episode (MDE) 
- National Ambulatory Medical Care Survey,  
Centers for Disease Control and Prevention,  
National Center for Health Statistics
- National Survey of Children's Exposure to  
Violence, U.S. Department of Justice, Office of  
Juvenile Justice and Delinquency Prevention
- Youth Risk Behavior Surveillance System,  
Centers for Disease Control and Prevention
- National Survey on Drug Use and Health,  
Substance Abuse and Mental Health Services  
Administration